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Legrosports, Inc.

Presents

The 18th Annual Starrett Cup

Sunday, January 23rd 2011

Island Garden

45 Cherry Valley Avenue, West Hempstead, NY 11552

The 2011 ZEBRA TOUR

STARRETT CUP - January 23, 2011

PEDRO'S CHALLENGE – February 19, 2011

OCEAN STATE INTERNATIONAL- March 19, 2011

MORRIS CUP – May 14, 2011



Starrett Cup Registration Policy:

- Registrations must be postmarked by January 12, 2011.
- On-site late registration – Saturday, January 22nd (cash only).
 - NO REGISTRATION accepted on Sunday, January 23rd
- **NOTE: All junior competitors must weigh in on Saturday.**

There will be no weigh ins for juniors on Sunday!

Dear Fellow Coaches, Referees, Athletes and Family Members:

It is my pleasure to welcome you back for the 18th Annual Starrett Cup.

As The Starrett Cup has grown in popularity, the duration of the event has increased dramatically. I have been trying to address this issue by running as many mat areas as possible and making sure that my staff is well rehearsed and well prepared, but this alone has not been enough.

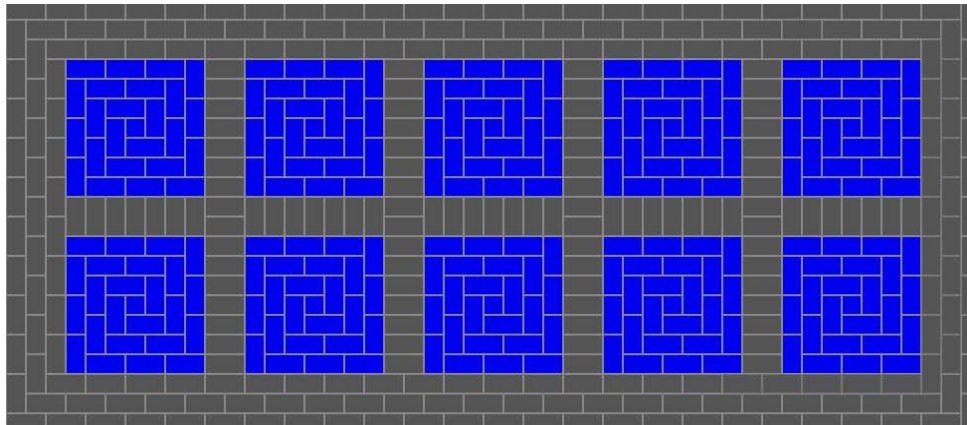
I am pleased to announce that the 2011 Starrett Cup will be held at a new venue. I was not able to secure the usual date of Dr. Martin Luther King, Jr. weekend. I was told that next year I will be able to secure that date. The new venue is large enough for me to run 10 mat areas which will substantially shorten the length of the tournament for all competitors. My hope and expectation is that all junior competition will be completed by noon if not before and that all senior competition will be completed by 3:00 p.m. if not earlier.

I look forward to seeing everyone there and, as always, your thoughts and suggestions are greatly appreciated.

Thank you for all your support.

Athletically yours,

Parnel Legros
Legrosports Judo



Mats used during the Starrett Cup will once again be provided by our friends at Zebra Mats.

The mats will be available for purchase after the tournament at a discount.

Also save big on shipping costs by picking up from the event.

For further information or to order, please call: 1-800-989-8085 or e-mail: info@zebramats.com.





18th Annual Starrett Cup



- Hosted by:** Legrosports, Inc.
- Sanction:** NEW YORK STATE JUDO, INC. & USA JUDO SANCTION #10-091010
- Date:** Sunday, January 23, 2011
- Location:** Island Garden, 45 Cherry Valley Avenue, West Hempstead, NY 11552
- Eligibility:**
- Ages 5 and older
 - Must be a current member of one of the following: USA JUDO, USJF, USJA.
 - To participate in the masters divisions, competitors must be age 30 or over .
- Rules:**
- Modified double elimination.
 - Round robin in divisions of 4 or less.
 - Golden score for all matches.
 - No chokes in ages 12 & under.
 - No arm-bars in Junior and Senior under brown belt.
 - Modified IJF rule regarding mat area.
- Match Time:**
- 3 minutes - All juniors, novice senior and masters.
 - 5 minutes – Senior brown and black belts.

**Registration & weigh-in for all juniors, seniors and masters @ the Holiday Inn Express:
Saturday, January 22nd 3:00 – 6:00 p.m.**

All Juniors must weigh in on Saturday only.

Seniors & Masters can also weigh in on Sunday, January 23rd – 10:00 – 11:00 a.m.

- Entry Fee:**
- **\$55.00** per participant, per division postmarked by January 12, 2011.
 - Anyone wishing to register after the postmarked date may do so only on Saturday, January 22nd.
 - There is **NO LATE REGISTRATION** on Sunday.
 - Late fee: **\$75.00**, per participant per division.

- Spectator Fee:**-Adult: \$5.00, Children 13 & over: \$3.00, Children 12 & under: free.
-Each athlete who pre-registers by mail will receive 2 free tickets.

NO CHECKS WILL BE ACCEPTED ON REGISTRATION DAY – CASH ONLY.

COMPETITION BEGINS AT 9:00 A.M. FOR ALL JUNIORS.

COMPETITION BEGINS AT 1:00 P.M. (approximately) FOR ALL SENIORS.

Make Checks Payable to: LEGROSPORTS, INC.

Mail Entry/Waiver To: PARNEL LEGROS
P.O. BOX 292
YORKTOWN HEIGHTS, N.Y. 10598-0292
ATTN.: STARRETT CUP 2011

Tournament Directors: Parnel Legros: (914) 243-6259
Lou Balestrieri (631) 767-8052

Mat Area:

- 10 mat areas provided by **Zebra Mats**.
- Electronic scoreboards provided by **Legrosports, Inc.**

Food: -Will be available for purchase on site.

Awards:

- 1st, 2nd, 3rd place awards.
- **\$250.00** cash prize money for winners of men's & women's elite divisions. A division must have at least 5 competitors to qualify for prize money. Competitors who desire to win money and who do not have enough competitors in their division may move up to the next weight class.
- A competitor who places 1st in each of the 5 Zebra Tour Tournaments in the same division with a minimum of 5 competitors will win a **GRAND SLAM** prize of **\$1,000.00**.

Tournament Hotel:

Holiday Inn Express
1 Sunrise Highway
Lynbrook, NY 11563
(516) 596-3000

Rooms are available with one or two beds.

Mention STARRETT CUP to receive the judo rate of
\$109.00 + tax.

Breakfast included.

**THE ZEBRA TOUR CONSISTS OF :
STARRETT CUP, PEDRO'S CHALLENGE, OCEAN STATE INTERNATIONAL AND MORRIS CUP.**



18th Annual Starrett Cup Entry Form
Sunday, January 23, 2011



Last Name: _____ First Name: _____ Age: _____
 Date of Birth: _____ Rank (Belt color): _____ Male Female
 Address: _____ City: _____ State: _____ Zip: _____
 Home Phone: _____ E-mail: _____
 Card: USA JUDO USJA USJF Card #: _____ Weight in Kilograms: _____ Kg
 Club: _____ Club Phone: _____

NOTE FOR SENIORS ONLY REGARDING DIVISION CHANGES:

If you choose to weigh in on Sunday, you must make the declared weight. Otherwise, you will be disqualified.

REASON: The pool sheets will be made before the beginning of the tournament and any changes will cause a delay to the tournament.

*****VERY IMPORTANT*****

CIRCLE THE DIVISION AND WEIGHT YOU WILL COMPETE IN.

ALL WEIGHTS ARE IN KILOGRAMS (weight in pounds divided by 2.2 equals weight in kilograms)

DIV. - JUNIOR NOVICE BOYS (WHITE & YELLOW BELTS)

BOYS 5-6 20kg, 23kg, 27kg, 27+kg
 BOYS 7-8: 20kg, 23kg, 27kg, 32kg, 37kg, 37+kg
 BOYS 9-10: 27kg, 32kg, 37kg, 42kg, 47kg, 47+kg
 BOYS 11-12: 32kg, 37kg, 42kg, 47kg, 52kg, 58kg, 58+kg
 BOYS 13-14: 42kg, 47kg, 52kg, 58kg, 65kg, 65+kg
 BOYS 15-16: 55kg, 60kg, 66kg, 73kg, 81kg, 90kg, 90+kg

DIV. - JUNIOR NOVICE GIRLS (WHITE & YELLOW BELTS)

GIRLS 5-6: 20kg, 23kg, 27kg, 27+kg
 GIRLS 7-8: 23kg, 27kg, 32kg, 32+kg
 GIRLS 9-10: 27kg, 32kg, 37kg, 42kg, 42+kg
 GIRLS 11-12: 32kg, 37kg, 42kg, 47kg, 52kg, 52+kg
 GIRLS 13-16: 44kg, 48kg, 52kg, 57kg, 63kg, 70kg, 70+kg

DIV. - JUNIOR ELITE BOYS (OPEN TO ALL RANKS)

BOYS 5-6 20kg, 23kg, 27kg, 27+kg
 BOYS 7-8: 20kg, 23kg, 27kg, 32kg, 37kg, 37+kg
 BOYS 9-10: 27kg, 32kg, 37kg, 42kg, 47kg, 47+kg
 BOYS 11-12: 32kg, 37kg, 42kg, 47kg, 52kg, 58kg, 58+kg
 BOYS 13-14: 42kg, 47kg, 52kg, 58kg, 65kg, 65+kg
 BOYS 15-16: 55kg, 60kg, 66kg, 73kg, 81kg, 90kg, 90+kg

DIV. - JUNIOR ELITE GIRLS (OPEN TO ALL RANKS)

GIRLS 5-6: 20kg, 23kg, 27kg, 27+kg
 GIRLS 7-8: 23kg, 27kg, 32kg, 32+kg
 GIRLS 9-10: 27kg, 32kg, 37kg, 42kg, 42+kg
 GIRLS 11-12: 32kg, 37kg, 42kg, 47kg, 52kg, 52+kg
 GIRLS 13-16: 44kg, 48kg, 52kg, 57kg, 63kg, 70kg, 70+kg

DIV. - SENIOR NOVICE MEN (WHITE, YELLOW, GREEN)

60kg, 66kg, 73kg, 81kg, 90kg, 100kg, 100+kg

DIV. - SENIOR NOVICE WOMEN (WHITE, YELLOW, GREEN)

48kg, 52kg, 57kg, 63kg, 70kg, 78kg, 78+kg

DIV. - SENIOR ELITE MEN (BROWN & BLACK)

60kg, 66kg, 73kg, 81kg, 90kg, 100kg, 100+kg

DIV. - SENIOR ELITE WOMEN (BROWN & BLACK)

48kg, 52kg, 57kg, 63kg, 70kg, 78kg, 78+kg

DIV. - SENIOR MASTERS MEN (ALL RANKS)

30-39: 70kg, 81kg, 94kg, 94+kg
 40-49: 70kg, 81kg, 94kg, 94+kg
 50+: 70kg, 81kg, 94kg, 94+kg

DIV. - SENIOR MASTERS WOMEN (ALL RANKS)

Light, middle, heavy

The Tournament Director reserves the right to make any changes he deems necessary to insure the safety and fairness to all competitors.

DIVISION: _____
 AGE GROUP: _____
 WEIGHT CATEGORY: _____

WARNING! WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE

In consideration of being permitted to participate in any way, including travel to and from, in any judo tournament, practice, clinic, and related events and activities of the USA Judo, United States Judo Federation, United States Judo Association, New York State Judo, Inc., Legrosports, Inc., Island Garden, I hereby:

1. Acknowledge that I am familiar with the sport of Judo and understand the rules governing the sport of Judo.
2. Agree that prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor and/or a tournament official of such condition(s) and refuse to participate.
3. Acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, including permanent disability or death, and severe social and economic losses due to not only my own actions, inactions or negligence, but also to the action, inaction or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.
4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, permanent disability or death.
5. Release, waive, discharge and covenant not to sue USA Judo, nor United States Judo Federation, United States Judo Association, New York State Judo, Inc., II, Legrosports, Inc. and Parnel Legros together with their affiliated clubs, their respective administrators, directors, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of premises used to conducting the event, all of whom are hereinafter referred to as "releasee," from any and all claims, demands, losses, and damages on account of injury, including permanent disability and death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise to the fullest extent permitted by law.

I HAVE READ THE ABOVE WARNING , WAIVER AND RELEASE, UNDERSTAND THAT I GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY. I AGREE TO PARTICIPATE KNOWING THE RISKS AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW.

Participant (please print name)

Participants Signature

Date

**FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE
(UNDER 18 AT TIME OF REGISTRATION)**

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees, and , for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warning and conditions and their ramifications.

Parent/Guardian (please print name)

Parent/Guardian's Signature

Date

CERTIFICATE REGARDING NON-BLACK BELT CONTESTANTS

I _____, A judo instructor, who has been awarded the Judo rank of Shodan or higher, recognized by USA Judo, USJA and/or USJF hereby certify that the above contestant, although not having been awarded the Judo rank of Shodan or higher, is of sufficient aptitude and skill in Judo to compete in these championships.

A copy of my proof of rank (rank certificate or my USA Judo membership card having the verification symbol "(V)" printed following my rank) is attached.

Signature of Judo Instructor

RANK